



GIVING YOUNG PEOPLE THE SKILLS THEY NEED TO SUCCEED IN LIFE

OCEAN YOUTH TRUST SOUTH — AND OUR PREDECESSOR, THE OCEAN YOUTH CLUB — HAS BEEN CHANGING YOUNG PEOPLE’S LIVES FOR DECADES.

Prolific, introduced in 2017, builds on the experience of previous generations to offer the best possible voyages for young people - helping them develop the skills needed by individuals, families and communities: the skills to succeed in life.

Our challenge: to take groups of disadvantaged and vulnerable young people to sea every year, build their confidence, widen their horizons and change their lives – for good.

Youngsters who have been written off, who have lost faith in themselves, bullied, excluded from school, repeatedly rejected. Youngsters from challenging backgrounds who have never achieved anything significant. Just one voyage in *Prolific* can make a lasting difference. Nobody forgets the experience of an OYT South voyage.

Professional youth and social workers say our work is:

**POSITIVE AND LIFE CHANGING
A POWERFUL TOOL TO BUILD EMPLOYMENT SKILLS
TURNING FAILURE INTO “I CAN”**

“ IT IS AN AMAZING AND MIND-BLOWING EXPERIENCE AND EVEN THOUGH YOU HAVE TO WORK YOUR NUTS OFF IT IS ALL WORTH THE LATE NIGHTS, MEETING ALL DIFFERENT PEOPLE AND GETTING SO CLOSE AND JUST MAKING THE BOND WITH EVERYONE. ” **DANNY, 17**

We do this by giving the young people responsibility for the boat, the voyage and themselves. Steering a 32 metre boat, hoisting her sails, keeping watch, navigating – as well as cooking for the whole crew and cleaning the vessel – are new experiences that build skills and confidence. We don’t just tell the young people what to do; we involve them in decisions and make them a part of the team.

YOUNG PEOPLE

FROM ALL

BACKGROUNDS

CAN BENEFIT FROM

SAIL TRAINING WITH

OCEAN YOUTH TRUST SOUTH

Sam is 14. He has a TV in his bedroom, likes computer games and is always driven to school. When did he last get outside, take responsibility and really challenge himself?

ON THE OTHER HAND, SOME YOUNG PEOPLE FACE TOO MANY CHALLENGES.

Vikki is 12 and has been bullied. She's lost her confidence, won't speak up in class and is frightened of meeting people.

Dan is 19 and not in education, employment or training. He's struggling to prove to any potential employer that he can be reliable, work in a team or take on responsibility.

Amy is 16 and helps look after a sister with a life-limiting condition. She feels isolated from her friends and although she's worried about her exams she hasn't said anything at home as she thinks her mum has enough to cope with already.



SAIL TRAINING WITH OCEAN YOUTH TRUST SOUTH COULD BE THE OPPORTUNITY OF A LIFETIME FOR SAM, VIKKI, DAN AND AMY, HELPING EACH OF THEM TO A BRIGHTER FUTURE.